

		Date	Review Date
Written by	Debbie Goode	01/09/2025	01/09/2026
Reviewed by	Ryan Goodwin	01/09/2025	01/09/2026

Legal Status

Policy Statement

All schools must provide a curriculum that is broadly based, balanced, and meets the needs of all pupils. Under section 78 of the Education Act 2002 and the Academies Act 2010, a PSHE curriculum:

- Promotes the spiritual, moral, cultural, mental, and physical development of pupils and society.
- Prepares pupils for the opportunities, responsibilities, and experiences of later life.

The Relationships Education, Relationships and Sex Education (RSE), and Health Education (England) Regulations 2019, made under sections 34 and 35 of the Children and Social Work Act 2017, make RSE compulsory for all pupils receiving secondary education, and Health Education compulsory for all pupils.

This policy is informed by the latest DfE statutory guidance (2023–2025), including:

- Relationships and Sex Education (RSE) and Health Education
- PSHE Education Programme Guidance
- Keeping Children Safe in Education (KCSIE) 2025

It ensures that pupils:

- Develop the knowledge, skills, and attitudes to stay safe and healthy.
- Understand and respect diversity, including sexual orientation, gender identity, cultural backgrounds, and family structures.
- Are supported in building resilience, empathy, and confidence.

Policy Applies to: -

- All staff (teaching and non-teaching) and volunteers working within TILT Education

Related Documents: -

- Safeguarding Policy
- Behaviour for Success Policy
- Anti Bullying Policy
- Special Educational Needs and Disability (SEND) Non-Discrimination Policy
- Spiritual, Moral, Social and Cultural Education Policy
- British Values Policy
- Statement of Equality

- Personal and Social Development SOW
- Team Building SOW
- PHSE Curriculum Overview & Rational
- Assembly SOW
- Mindworks Rational

Availability

This Policy is made available to staff, parents and pupils, a paper copy may be obtained from TILT Education Office.

Monitoring and Review

This policy is subject to continuous monitoring, refinement, and audit by the Proprietors who are both the Headteacher and Head of Centre.

Policy Aims

At TILT Education, our PSHE & RSE curriculum aims to:

- Equip pupils with the knowledge, skills, and confidence to manage their personal, social, and academic lives.
- Promote mental and physical wellbeing, online safety, healthy relationships, and economic understanding.
- Foster respect for diversity and prepare pupils for the challenges of modern society.

The curriculum combines structured lessons, assemblies, extracurricular activities, and team-building exercises. Oak Academy lessons and AIM Personal Wellbeing Workbooks are used to deliver KS3 and KS4 content, supporting accreditation in AIM's 'Behaviour for Change' qualification.

Inclusive Curriculum Design

The curriculum is fully inclusive, ensuring that all pupils, regardless of ability, background, sexual orientation, or gender identity, can meaningfully engage with the content.

It includes:

- LGBTQ+ relationships and diverse family structures.
 - Age-appropriate teaching about consent, sexual harassment, and peer-on-peer abuse.
 - Adaptations for pupils with SEND, looked-after children, or other vulnerabilities.
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Curriculum Delivery

KS3 (Key Stage 3):

- Personal identity, emotional wellbeing, online safety, friendships, peer relationships, and basic consent.

KS4 (Key Stage 4):

- Adult relationships, legal issues, sexual activity, contraception, mental health impact, and respectful relationships.

Online Safety:

- Teaching includes risks of social media, sexting, online exploitation, and personal information sharing.

Mental Health:

- Lessons cover resilience, emotional regulation, identifying mental health concerns, and accessing support.

Extra-Curricular Support:

- Team-building activities such as hiking, climbing, and group challenges reinforce learning in practical contexts.
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Progression and Adaptation

- The curriculum is sequenced to ensure pupils build knowledge year-on-year.
 - Lessons are tailored to developmental stages and individual learning needs.
 - Assessment, pupil feedback, and staff review are used to monitor effectiveness.
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Parental Engagement and Withdrawal

- Parents/carers are consulted about the content of RSE lessons.
 - Parents may withdraw their child from non-statutory sex education content but cannot withdraw pupils from statutory health education (mental health, physical wellbeing, online safety).
 - Withdrawn pupils continue with alternative learning tasks supervised by staff.
 - Support materials are offered to parents/carers to teach withdrawn content at home.
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Safeguarding and Reporting

- All disclosures or concerns arising in PSHE/RSE are managed in accordance with the Safeguarding Policy and KCSIE 2025.
 - Pupils are taught how to report concerns safely and seek help when needed.
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Monitoring and Evaluation

- The curriculum is reviewed annually by the Headteacher/Proprietors.
 - Effectiveness is monitored through:
 - Staff observations
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- Pupil feedback
 - Assessment of learning outcomes
 - Review of safeguarding concerns
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Legal Compliance

This policy complies with:

- Education Act 2002
- Children and Social Work Act 2017
- Relationships Education, RSE and Health Education (England) Regulations 2019
- Keeping Children Safe in Education (KCSIE) 2025